

## BC's don't switch the ball in the open field

Not everyone feels as I do, but I believe ball carriers should never switch the ball from one arm to the other in the open field. The time honored tradition in football is that when you break free in the open field you should transfer the ball to your outside arm. I am convinced that more fumbles are caused switching the ball and being hit unexpectedly than are ever caused by a hit on the ball from the inside. If you have the ball secured in your strongest arm keep it there, run hard and score.

Submitted by Mike Stanley