

## Offense Teaching Techniques Needed

- Quarterback
  - Stance
  - Taking a snap – under
  - Taking a snap – shotgun
  - QB passing grip
    - Throwing motion
  - How to pitch on toss sweep
  - 3 step
    - 5 – 7 step
  
- Ball Carrier/Running Back
  - 2 point – stance
  - 3 point
  - Receiving a pitch
  
- Wide Receiver
  - 2 point – stance
  - Receiving technique
    - Straight on
      - Above bottom of number
      - Below bottom of number
    - Angle
    - Away from
    - Over the head
  - Swim release
  - Rip release
    - Stagger & Swim
  
- Tight End
  - 3 point
  
- Center
  - Stance
  - Snapping – under
  - Shotgun snapping
  
- Offensive Lineman
  - 2 point – stance
  - 3 point
  - Base block
  - Double team
  - Reverse shoulder
  - Reach
  - Down

- Wall
- Trap (S-M-L)
- Cut block
- Slide protection
- Sprint out protection
  - Turn back
- 3 step protection
- Drop back protection
- Inside zone
- Outside zone
- Combo block